

40 Days of Prayer & Fasting 2026

A Season of Breakthrough!

February 18 – March 29, 2026

*The Breaker will go up before them.
They will break through, pass in through the gate and go out through it,
and their King will pass on before them, the Lord at their head. (Micah 2:13 Amplified)*

DAILY PRAYER

Jesus, we receive you as our Lord and Savior!

We recognize the hour of our visitation. Thank you for introducing Yourself to this generation. We commit our hearts to follow You.

Pour out Your glory and bring us into destiny. We cry out for deliverance from the oppression and harassment of the devil. We receive all that You have for us in this season of breakthrough.

Restore our souls. We humble ourselves under the mighty hand of God. Heal our hearts and relationships. Send restoration and reconciliation. Help us to see what You see and love what You love.

We decree Truth and Justice into the land. In Jesus' name, we shift the atmosphere over our country. Drive out the chaos and flood us with peace.

And we cry out for revival! Reveal Jesus as the Way, the Truth and the Life. Bring the lost out of the darkness, into the Light of the Son of God.

Fulfill destiny in us! Give us a spirit of wisdom and revelation in the knowledge of You. We open our hearts and surrender our lives to do Your will. Cleanse us and use us as vessels of honor, to usher in Your glory.

In Jesus' name, Amen.

BIBLE READING

A Chapter a Day...

ROMANS: 1 2 3 4 5 6 7 8 9 10 11

12 13 14 15 16 GALATIANS: 1 2 3 4 5 6

EPHESIANS: 1 2 3 4 5 6

PHILIPPIANS: 1 2 3 4 COLOSSIANS: 1 2 3 4

2 TIMOTHY: 1 2 3 4

*Optional Additional Reading: Third Heaven Authority by Mike Thompson
(5 1/2 pages per day)*

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Fasting Scriptures

Is this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke?

Is it not to share your bread with the hungry, And that you bring to your house the poor who are cast out; When you see the naked, that you cover him, And not hide yourself from your own flesh?

Then your light shall break forth like the morning, Your healing shall spring forth speedily, And your righteousness shall go before you; The glory of the LORD shall be your rear guard.

Then you shall call, and the LORD will answer; You shall cry, and He will say, 'Here I am.' "If you take away the yoke from your midst, The pointing of the finger, and speaking wickedness,

If you extend your soul to the hungry And satisfy the afflicted soul, Then your light shall dawn in the darkness, And your darkness shall be as the noonday.

The LORD will guide you continually, And satisfy your soul in drought, And strengthen your bones; You shall be like a watered garden, And like a spring of water, whose waters do not fail."

(Isaiah 58:6-11 NKJV)

"Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting...

"But you, when you fast, anoint your head and wash your face,

"so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly."

(Matthew 6:16-18 NKJV)